

Instructions for Use Fluidized Ankle Foot Orthosis

Indications for use: Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

Product Features



- Flex strap:** attaches through a D-ring aiding in proper alignment of the foot.
- Stabilizer bar:** effectively prevents rolling of the patient's leg and controls internal or external rotation.
- Flo-Form™ Fluidized medium in calf area, top of foot, and talus strap:** provides even pressure distribution in points of orthotic contact.
- Dorsiflexion assist straps:** allows adjustable tensioning to control plantarflexion.
- Protective Flo-Form™ fluidized talus strap:** Allows for visual examination of the heel. Design allows for optimal heel floatation.
- Thermal adaptive technology:** For optimal comfort.
- Non-slip sole:** Allows short standing and walking

Instructions for Use:

Please read all of the instructions before use. Use as directed by clinician. Always follow your facility protocol for skin care.



1. Remove AFO from the bag and open the shin, talus, and top of foot straps. Also loosen the 2 black 1" dorsiflexion assist (flex) straps.



2. Position foot as far back in heel of boot as possible. Secure the talus strap around the top of the ankle and attach to back of boot. This strap should be snug but do not over-tighten.



3. Secure strap over the top of foot making sure the fluidized cuff is directly against the top of the foot. Then secure the shin strap. Both straps should be snug but do not over-tighten.



4. Adjust the black 1" dorsiflexion assist (flex) straps to achieve the desired tension to correct plantarflexion.



5. After initial fitting, make any final adjustments to the straps. Special attention should be given to the talus strap to assure the ankle is in neutral alignment. As with any application of an orthotic, have your skin checked regularly.

AFO Boot Size	Foot Size
Small	Up to 8"
Medium	Up to 9.5"
Large	Up to 11"
X-Large	Up to 13"



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Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions. Do not use bleach.

Warranty:

This product is covered by a ninety (90) day warranty against manufacturing defects (i.e., material and workmanship).

Warnings:

- This product is not intended for standing or walking on uneven surface or for an excessive period of time. **Do not remove the black sole under the AFO if standing or walking.** Follow all recommendations by the clinician in order to reduce risks of falls.
- Do not puncture or use sharp objects nearby.
- This device is for single patient use only.



Cautions:

- Do not autoclave or microwave.
- No maintenance required. Not user repairable. Replace promptly if punctured or damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.
- If recommended by the appropriate clinician, a thin sock or hose may be applied.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).

