

## Instructions for Use

### Universal-Sized BendEase

**Indications for use:** Provides moderate, comfortable support of the hand and wrist, post injury or surgery.

### Product Features

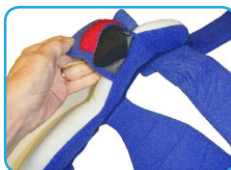


- One size fits most hands.
- Foam over aluminum base can be remolded by your health professional to continue the restorative process.
- Lightweight support for painful extremities.
- Padding provides comfort and redistributes skin pressure.
- Additional padding in the thumb pocket (included) allows gradual abduction of severely deformed thumbs.
- Wide, contoured wrist strap conforms over and stays on the wrist.
- Color coding aids proper strap attachment.

### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.

1. Locate the hand to the splint and ensure comfortable thumb placement – do not overstretch.
2. Secure the thumb with the 1" strap (with red hook) by attaching it to the red loop. If the thumb is too tightly contracted, use only the fabric of the pocket under the thumb to begin to loosen it and add more padding as it improves.
3. If more padding is needed for the thumb in the pocket, use the piece of dense foam included with the BendEase. This foam can be trimmed to different shapes.
4. Put the finger separators between the patient's fingers.



5. Place the longest finger strap (the one with blue hook) over the back of the hand at an angle and attach it to the blue loop on the back of the splint at the wrist.



6. Wrap the wide wrist strap (the one with red hook) around the arm, making sure to center it over the wrist, and attach it to the red loop.

7. Secure the forearm strap (the one with black hook) by attaching it to the black loop.

8. Wrap the end-finger strap (the one with beige hook) over the fingers where needed and attach it to the beige loop.



9. Run 1 or 2 fingers under each strap to make sure it is not too tight. If a strap is too tight, loosen it and re-attach.

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#### Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

#### Warranty:

See [restorativemedical.com](http://restorativemedical.com) for warranty information.

#### Warnings:



- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your health professional. Do not use the splint until this situation has been resolved.

#### Recommended Wear Time:

Apply the splint initially for 30 minutes. Remove and check the skin for redness or breakdown. If the skin integrity is compromised, discontinue use and contact your clinician. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your clinician.

#### Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).

