



## Instructions for Use

### Complete CAIR™ AFO Boot

**Indications for use:** Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

#### Product Features:



- Non-slip sole:** Allows short standing and walking.
- Foam padded insole:** For optimal comfort.
- Outer shell:** antimicrobial, wipedown fabric for easy cleaning.
- Internal low-profile air bladder:** Allows for dynamic contouring and support around back of the leg and shin.
- Patented contouring pad:** Redistributes skin pressure on the leg and ankle.
- Closure Straps:** These flexible straps stretch to comfortably secure the leg.

#### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always facility protocol for skin care.



1. Remove boot from bag. Open straps. Place foot into the boot with the heel centered over the opening. The contouring pad will gently cradle the Achilles tendon proximal to the ankle.



2. Secure the flap over the shin, starting with the strap closest to the knee (1) and then next strap (2). Ensure the flaps are secure but not too tight. Next attach the blue talus strap (3), followed by the strap across the top of the foot (4).



3. Pass the free ends of the black dorsiflexion-assist strap through the D-rings at the top of the boot and attach them back onto themselves. Adjust them to achieve the desired tension to correct plantar flexion. Tighten one side more than the other toward the direction required to address inversion or eversion. These straps can be omitted or removed if so recommended by your clinician.