# Instructions for Use

# **Restorative Cock-Up Wrist Splint**

**Indications for use**: Provides moderate, comfortable support of the hand and wrist, post injury or surgery.

### **Product Features**



- Splint provides the wrist with cock-up position (~30° hyperextension) and free movement for the thumb and fingers during activities of daily living.
- High-temperature plastic base can be remolded as needed by your health professional.
- Soft strap protects the thumb web space and secures the hand in the splint.
- Wide, soft wrist strap holds the wrist at the cock-up position.
- Thermal adaptive fabric helps to keep the patient's hand cool and dry.
- Wide straps provide comfort even during sleep, increasing likelihood of patient compliance.

### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.

- 1. Place the patient's hand with the palm down over the splint and the small (thumb-web-space) strap between the thumb and the forefinger.
- 2. Wrap the small strap over the hand and attach it to the back of the wrist strap.
- 3. Wrap the wrist strap around the wrist, going over the thumbweb-space strap, and attach it back onto itself at the back of the splint.
- 4. Repeat the process with the forearm strap.
- 5. Run two fingers under all areas between the splint and the patient's skin to ensure it is not too tight.

Product Size	MCP Width	Product Code
Small	Up to 3"	20739SL/R
Medium	Up to 3½"	20739ML/R
Large	Up to 3¾"	20739LL/R







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#### **Cleaning Instructions:**

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

#### Warranty:

See restorativemedical.com for warranty information.

#### Warnings:

- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your health professional. Discontinue use of the splint until this situation has been resolved.

### **Recommended Wear Time:**

Apply the splint initially for 30 minutes. Remove and check the skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your clinician. Otherwise, gradually increase wearing times to the duration recommended by your health professional to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your health professional.

#### **Cautions:**

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).



