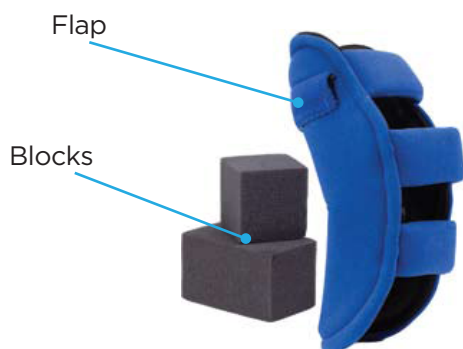


## Appendix A - Accessory for NeuroFlex® Restorative Flex Elbow

### Elbow Separator (Product code: 20724SP)

Helps to gradually separate the elbow joint before transitioning to the NeuroFlex® Restorative Elbow.



1. Follow your clinicians' recommendation on the number of foam blocks (1, 2, or none) that should be used.
2. If using foam block(s), open the flap at the back (blue) side of the Elbow Separator and insert the block(s). Otherwise, save them for future use.
3. Open the three blue straps.
4. Fold the Elbow Separator in half with the black side on the outside and all the straps on the inside of the arm as shown on the middle picture.
5. Apply the folded Elbow Separator to the inside of the elbow with the black material against the patient's arm, centering the fold against the elbow crease.
6. Wrap the straps around the arm, attaching them to the blue fabric so the Elbow Separator is firmly but comfortably attached to the patient's arm, as shown in the lower picture.
7. Adjust the Elbow Separator to gently open the elbow joint as recommended by your clinician.
8. Add extra foam padding into the pocket, when recommended by your clinician, to continue the improvement.
9. Continue to use the Elbow Separator, if recommended by your clinician, after transitioning to the NeuroFlex® Restorative Elbow during the period that the latter is not being worn to prevent skin-on-skin contact and to maintain range of motion.