

Instructions for Use

Flo-Form® RM Fluidized Boot

Indications for use: Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

Product Features



- **Stabilizer bar:** Effectively prevents rolling of the patient's leg and controls internal or external rotation.
- **Flo-Form® fluidized medium in calf area:** Provides even pressure distribution in points of orthotic contact.
- **Dorsiflexion assist (flex) straps:** Attaches through a D-ring aiding in proper alignment of the foot. Adjustable tensioning to control plantar flexion.
- **Padded talus strap** Allows for visual examination of the heel. Design allows for optimal heel floatation.
- **Non-slip sole:** Allows short standing and walking.

Instructions for Use: Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.



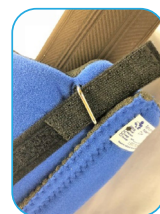
1. Open all straps and locate the foot inside the boot with the heel as far back in the boot as possible. If needed, bend the knee to help move the foot all the way into the boot.



2. While holding the foot in the boot, fasten the lower flaps over the foot and the upper flaps over the shin.



3. To encourage toward and maintain 90 degree foot-to-leg angle, wrap the talus strap around the foot at the ankle and fasten it to the back of the boot at the heel to the fuzzy blue sewn on to loop fabric. Make sure no strap is too tight by running your finger between each strap and the skin.



4. Feed the end of the Dorsiflexion Strap through the D-ring at top of boot. Adjust by pulling down on it and fastening it back onto itself. Repeat with the other side. This strap hooks to the blue fabric at the bottom of the boot. Adjust it closer to the toe end of the boot to create more upright pull.



5. The Stabilizer Bar is kept behind a padded pocket in the back of the boot when not in use. Open the pocket on the side as instructed by your clinician and pull the bar out to a 90 degree angle to the boot.

Boot Size	Foot Size
Small	Up to 8"
Medium	Up to 9.5"
Large	Up to 11"
X-Large	Up to 13"



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www.restorativemedical.com



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Cleaning Instructions:

- Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic and Flo-Form® insert. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach. Reinsert the hard plastic and Flo-Form® afterwards. .

Warranty:

- See restorativemedical.com for warranty information.



Warnings:

- This product is not intended for standing or walking on uneven surface or for an extended period of time. **Do not remove the black sole under the boot if standing or walking.** Follow all recommendations by your clinician in order to reduce risks of falls.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your clinician. Discontinue use of the splint until this situation has been resolved.
- Do not puncture or use sharp objects nearby.
- This device is for single patient use only.
- Consult a clinical professional before using this device.

Recommended Wear Time:

- Apply the splint initially for 30 minutes. Remove and check the skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your clinician. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your clinician.

Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- Do not autoclave or microwave.
- Replace the Flo-Form® insert promptly if punctured or damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.
- If recommended by your clinician, a thin sock or hose may be worn.
- This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).



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RM- Fluidized Boot IFU v1.0 - 07/19/2018