

## Instructions for Use

### NeuroFlex® Restorative Foot Ease

**Indications for use:** Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

#### Product Features



- Anti-rotation bar prevents rolling of the patient's leg and can be stored inside the padding if not needed.
- Dorsiflexion assist (flex) straps aid in the proper alignment of the foot and adjustable tension helps to control plantar flexion.
- High-temperature plastic base can be remolded by your health professional to continue the restorative process as the patient improves.
- Non-slip sole allows brief standing and walking.
- Padding provides comfort and redistributes skin pressure.
- Open heel allows full floatation, reducing risks of pressure ulcers.
- Flex Technology splint moves with the patient's abnormal muscle tone and spasticity for comfort and helps to relax the tone.

#### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.



1. Position the foot in the boot with the heel as far back as possible. The toes should not extend past the black fabric.



2. Attach the large flap over the top of the foot. The foot should be held securely against the sole and unable to turn inside the boot. Ensure the "hook" closure is on the outside so it does not scratch the patient's skin.



3. With the back of the leg against the splint, secure the top strap around the shin. This strap is adjustable for varying lower-leg sizes.



4. Wrap the talus strap over the ankle and attach it to the blue "loop" closure in the back of the boot.



5. Pass the black dorsiflexion assist straps through the D-rings at the top of the boot and attach them back onto themselves. Apply enough tension to achieve the desired flexion without discomfort.

6. Use the anti-rotation bar at the back of the boot to prevent leg rotation to either side. It can be folded inside the padding if not needed.

7. Make sure the straps are not too tight by running 2 fingers between them and the patient's skin.

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Sizes	Foot Length	Product Code
Small	Up to 8"	20742S
Medium	Up to 9½"	20742M
Large	Up to 11"	20742L
Ex-Large	Up to 13"	20742XL

#### Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

#### Warranty:

See [restorativemedical.com](http://restorativemedical.com) for warranty information.

#### Warnings:



- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your prescribing clinician or contact your doctor. Discontinue use of the orthosis until this situation has been resolved.

#### Recommended Wear Time:

Apply splint initially for 30 minutes. Remove and check skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact clinician. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your healthcare professional.

#### Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.
- If recommended by the appropriate clinician, a thin sock or hose may be worn.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).



Prevent • Protect • Restore

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