

## Instructions for Use

### Pediatric Safe Boot

**Indications for use:** Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

### Product Features



- Flex Technology splint moves with the patient's abnormal muscle tone and spasticity for comfort and helps to relax the tone.
- High-temperature plastic base can be remolded by your health professional to continue the restorative process as the patient improves.
- Anti-rotation bar (on sizes 5", 6", 7" and 8") prevents rolling of the patient's leg and controls internal or external rotation.
- Non-slip sole allows short standing and walking.
- Dorsiflexion assist (flex) straps (on sizes 6", 7", and 8") aid in proper alignment of the foot and adjustable tension helps to control plantar flexion.
- Open heel allows full floatation, reducing risks of pressure ulcers.
- Padding provides comfort and redistributes skin pressure.

### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.

1. If you are using a boot with a size less than 6", skip this step. Otherwise, please do not loosen or readjust the black dorsiflexion assist straps on the boot that have been properly adjusted by your health professional. If they have not yet been adjusted, leave them loose until step #6.

2. Align the non-skid sole on the bottom of the boot and attach it to the blue fabric using the "hook" closure.



3. Position the foot in the boot with the heel as far back as possible. The toes should not extend past the black material.



4. Secure the blue straps over the foot and around the shin making sure no "hook" enclosure touches the patient's skin. Ensure the heel and foot are aligned and held securely to prevent turning or twisting.



5. Bring the talus strap over the ankle and attach it to the back of the boot. After initial fitting, the excess black loop can be trimmed.



6. If you are using a boot with a size less than 6" or your health professional has adjusted the black dorsiflexion assist straps for your boot, skip this step. Otherwise, pass the black dorsiflexion assist straps through the D-rings at the top of the boot and attach them back onto themselves.



- Apply enough tension to achieve the desired dorsiflexion, without causing discomfort. Do not overstretch. These straps can be readjusted later as the patient's foot alignment improves.
7. Use the anti-rotation bar at the back of the boot (on sizes 5", 6", 7" and 8") to prevent leg rotation to either side. It can be folded inside the padding if not needed.
8. Make sure the straps are not too tight by running 2 fingers between them and the patient's skin.

## Instructions for Use

### Pediatric Safe Boot

Product Size	Footplate Length	Product Code
3"	3"	20746-3
3½"	3½"	20746-3.5
4"	4"	20746-4
5"	5"	20746-5
6"	6"	20746-6
7"	7"	20746-7
8"	8"	20746-8

### Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

### Warranty:

See [restorativemedical.com](http://restorativemedical.com) for warranty information

### Warnings:



- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your clinician. Discontinue use of the splint until this situation has been resolved.

### Recommended Wear Time:

Apply the splint initially for 30 minutes. Remove and check the skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your clinician. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your clinician.

### Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).