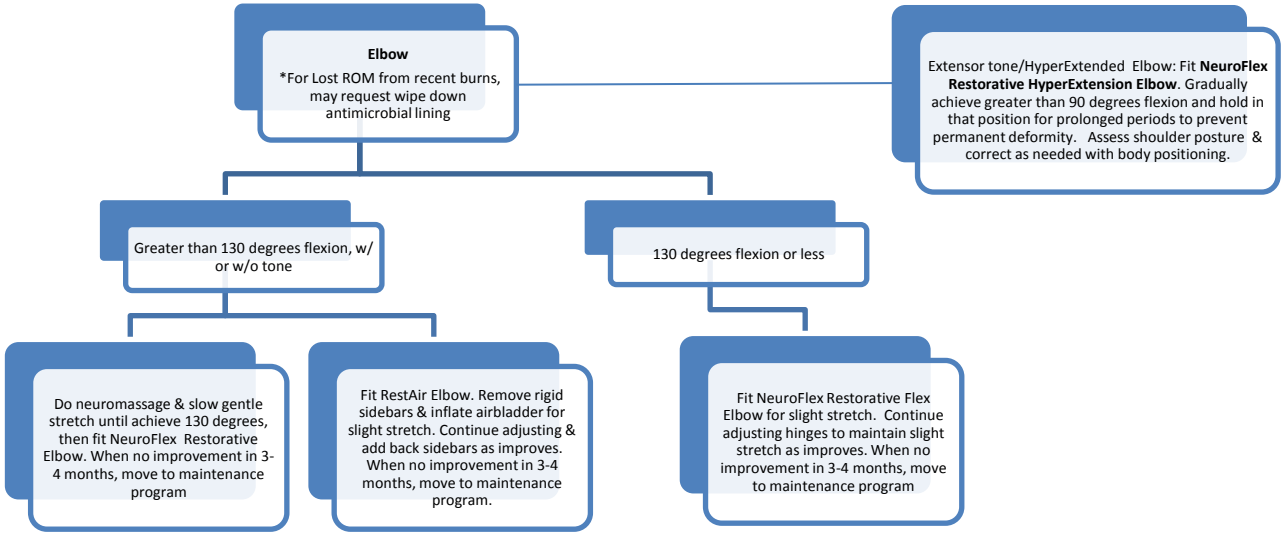
Elbow
*For Lost ROM from recent burns, may request wipe down antimicrobial lining
Extensor tone/HyperExtended Elbow: Fit **NeuroFlex Restorative HyperExtension Elbow**. Gradually achieve greater than 90 degrees flexion and hold in that position for prolonged periods to prevent permanent deformity. Assess shoulder posture & correct as needed with body positioning.
Greater than 130 degrees flexion, w/ or w/o tone
130 degrees flexion or less
Do neuromassage & slow gentle stretch until achieve 130 degrees, then fit NeuroFlex Restorative Elbow. When no improvement in 3-4 months, move to maintenance program
Fit RestAir Elbow. Remove rigid sidebars & inflate airbladder for slight stretch. Continue adjusting & add back sidebars as improves. When no improvement in 3-4 months, move to maintenance program.
Fit NeuroFlex Restorative Flex Elbow for slight stretch. Continue adjusting hinges to maintain slight stretch as improves. When no improvement in 3-4 months, move to maintenance program