# **Hand Splints**

L-Code: 3807 or 3809

## Instructions for Use

# **Individually Sized BendEase Hand**

**Indications for use**: Provides moderate, comfortable support of the hand and wrist, post injury or surgery.

#### **Product Features**



- Foam over aluminum base can be remolded by health professional to continue restorative process as the patient improves.
- Lightweight support for painful extremities.
- Base extends under the thumb gradually abducting it comfortably.
- Padding provides comfort and redistributes skin pressure.
- Color coding aids proper strap attachment..
- Comfortable thumb support for mild lost range.
- Includes optional finger separators which may be removed when not in use.

### **Instructions for Use:**

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.

- 1. Locate the hand to the splint and assure comfortable thumb placement do not overstretch. Adjust the separators between the fingers if applicable.
- 2. Wrap the lower thumb strap (B) over the thumb joint closest to the palm.
- 3. Attach the middle strap (A) directly over the wrist.

  The hand should conform to the splint with only mild resistance
- 4. Attach the forearm strap (C) to secure the arm to the splint.
- 5. Attach the upper thumb strap (D) over the thumb joint furthest from the palm or over the end of thumb if it hyperextends.
- 6. Slide the lower hand strap (blue hook on end) between the thumb and index finger on the splint. Wrap it over the backside of the hand, ensuring that the hand is properly positioned. (This strap can be fastened before the wrist strap (A) to prevent the hand from pulling away from the splint. Wrist strap then goes over this strap to secure it.)
- 7. Place the upper hand strap (E) over the fingers and knuckles where needed to encourage extension.

8. Ensure the fingers and joints are properly placed and not overstretched, and there are no material folds that could make the patient uncomfortable. The patient should feel a comfortable, mild stretch but no discomfort in any area.













Product Size	MCP Width	Wrist to Finger Length	Product Code with Left/Right
Ex-Small	2¾" to 3"	Up to 5"	20715XSL/R
Small	Up to 3"	Up to 6½"	20715SL/R
Medium	Up to 3½"	Up to 7"	20715ML/R
Large	Up to 3¾"	Up to 8"	20715LL/R



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### **Cleaning Instructions:**

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

### **Warranty:**

See restorativemedical.com for warranty information.

### **Warnings:**

- This device is for single patient use only.
- Consult a clinical professional before using this splint.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your health professional. Discontinue use of the splint until this situation has been resolved.

### **Recommended Wear Time:**

Apply the splint initially for 30 minutes. Remove and check skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your health professional. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your health professional.

#### **Cautions:**



- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.

This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).



