

## Instructions for Use

### NeuroFlex® Restorative Flex Boot

**Indications for use:** Helps to maintain neutral alignment of the foot and to relieve pressure on the heel.

#### Product Features



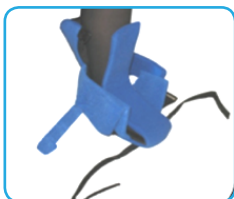
- Flex Technology splint moves with the patient's abnormal muscle tone and spasticity for comfort and helps to relax the tone.
- High temperature plastic base can be remolded by health professional to continue restorative process as patient improves.
- Padding provides comfort and redistributes skin pressure.
- Anti-rotation bar prevents rolling of the patient's leg and controls internal or external rotation.
- Dorsiflexion assist (flex) straps aid in proper alignment of the foot and adjustable tension helps to control plantar flexion.
- Open heel allows full floatation thus reducing risks of pressure ulcers.
- Non-slip sole allows short standing and walking.

#### Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.



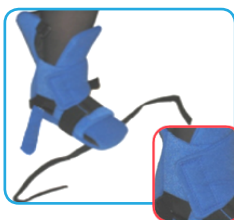
1. Position the foot in the boot with the heel as far back as possible. The toes should not extend past the black material.



2. Move the tongue up along front foot profile, ensuring toes are not bunched.



3. Fold the large blue flaps over the foot. Use black straps to secure it. The foot should be held securely against the sole and unable to turn inside the boot.



4. Fold the large blue ankle flaps over each other in a slightly crisscross manner as shown in the side picture. Ensure the "hook" closure is on the outside so it does not scratch the patient's skin.



5. Place the talus strap over the ankle flaps to secure the foot to the boot.

6. Attach the black dorsiflexion assist straps through D-rings at the top of the boot and apply enough tension to achieve the desired flexion without discomfort. The anti-rotation bar can be folded into the pocket if not required.

7. Pull the tongue back away from the toes.

8. Make sure the straps are not too tight by running 2 fingers between them and the patient's skin.

Boot Size	Foot Size	Product Code
Small	Up to 8"	20734S
Medium	Up to 9.25"	20734M
Large	Up to 11"	20734L
X-Large	Up to 13"	20734XL

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#### Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

#### Warranty:

See [restorativemedical.com](http://restorativemedical.com) for warranty information.

#### Warnings:



- This device is for single patient use only.
- Consult a clinical professional before using this device.
- This product is not intended for standing or walking on uneven surface or for an excessive period of time. Do not remove the black sole under the boot if standing or walking. Follow all recommendations by the clinician in order to reduce risks of falls.
- Check all skin areas each time the boot is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your healthcare professional. Do not use of boot until this situation has been resolved.

#### Recommended Wear Time:

Apply the splint initially for 30 minutes. Remove it and check skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your healthcare professional. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your clinician.

#### Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.
- If recommended by the appropriate clinician, a thin sock or hose may be worn.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).



Prevent • Protect • Restore

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RM- Flex Boot IFU v1.0 - 01/31/2017