

Instructions for Use

Restorative Cock-Up Hand Splint With Roll

Indications for use: Provides moderate, comfortable support of the hand and wrist, post injury or surgery.

Product Features



- Splint provides the wrist with cock-up position (~30° hyperextension) and free movement for the thumb and fingers during activities of daily living.
- Finger extension roll can be added to provide stretching when desired (e.g. during sleep).
- High-temperature plastic base can be remolded as needed by your health professional.
- Thermal adaptive fabric helps to keep the patient's hand cool and dry.
- Wide straps provide comfort, increasing likelihood of patient compliance.

Instructions for Use:

Please read all of the instructions before use. Use as directed by your clinician. Always follow your facility protocol for skin care.

1. Place the patient's hand with the palm down over the splint and the small strap between the thumb and the forefinger.



2. Wrap the small strap over the hand and attach it to the back of the wrist strap.



3. Skip this step if you do not want to stretch the fingers. To stretch the fingers, position the roll under them against the base of the splint. Wrap the 1" roll anchor strap—the one that goes through the center of the roll—around the back of the hand (with its soft side against the patient's skin), crisscrossing around the wrist area and attaching its ends to the blue fabric at the bottom of the splint.

4. Wrap the wrist strap around the wrist and attach it back onto itself at the back of the splint.



5. Repeat the process with the forearm strap. These two straps will secure the 1" roll anchor strap as shown.



top view

6. Run 2 fingers under all areas between the splint and the patient's skin to ensure it is not too tight.



bottom view

Product Size	MCP Width	Wrist to Finger Length	Product Code with Left/Right
Small	Up to 3"	Up to 6½"	20739RoIISL/R
Medium	Up to 3½"	Up to 7"	20739RoIIML/R
Large	Up to 3¾"	Up to 8"	20739RoIILL/R

Instructions for Use

Restorative Cock-Up Hand Splint With Roll

Cleaning Instructions:

Use hospital-approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or on gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

Warranty:

See restorativemedical.com for warranty information

Warnings:



- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the splint is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your clinician. Discontinue use of the splint until this situation has been resolved.

Recommended Wear Time:

Apply the splint initially for 30 minutes. Remove and check the skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your clinician. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Restorative Medical's wear times are suggested and should be discussed with your clinician.

Cautions:

- Not user repairable. Consult your clinician or Restorative Medical if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.



This product is not made with natural rubber latex (NRL) and di-(2-ethylhexyl)phthalate (DEHP).